

Annapolis, MD

Hosted by: DR. WAYNE S. & LORI ANDERSEN



Regional Events

To RSVP _____

To pre-register, visit us TODAY at:

TSFLAnnapolisRegionalEvent.com

Event Location _____

Westin Annapolis Hotel

100 Westgate Circle

Annapolis, MD 21401

(410) 972-4300

Hotel Accomodation _____

The Westin at BWI Airport

1110 Old Elkridge Landing Rd

Linthicum, MD 21090

(443) 577-2300

Special TSFL Room Rate:

\$119 per night

Reference "Take Shape For Life" when reserving rooms.

TSFL will be providing shuttles to and from the event.

THURSDAY, SEPTEMBER 9TH

6:00 p.m. – 8:00 p.m.: *Health Professional Dinner and Lecture*

Dr. Wayne S. Andersen, co-founder of Take Shape For Life and author of *Dr. A's Habits of Health*, will explain how health care professionals can create health for their patients and their practice.

FRIDAY, SEPTEMBER 10TH

7:00 p.m. – 9:00 p.m.: *Program Presentation*

Informative meeting featuring testimonials and the Take Shape For Life Business Opportunity.

MEETING AGENDA

6:15 p.m.: *Registration*

7:00 p.m. – 8:15 p.m.: *Weight-Loss and Optimal Health Overview*

Dr. Wayne Andersen will present the program.

8:15 p.m. – 9:00 p.m.: *Exploring the Health Coach Opportunity*

Dr. Wayne Andersen will be joined by Presidential Director Dan Bell, who has also been instrumental in helping to design the Take Shape For Life business plan, to present the benefits of becoming a Health Coach and Business Coach with TSFL. Those who make the decision to join TSFL will be invited to attend Take Shape For Life Training.

SATURDAY, SEPTEMBER 11TH

9:00 a.m. – 4:00 p.m.: *Take Shape For Life Training*

Health Coach Training featuring Dr. Wayne and Lori Andersen and Presidential Director Dan Bell.

MEETING AGENDA

8:45 a.m.: *Registration & Coffee Service*

9:00 a.m. – 12:00 p.m.: *"The Fundamentals" for Health Coaches*

Training on the Tools and Healthy Habits System for creating Optimal Health.

12:00 p.m. – 1:00 p.m.: *Lunch*

A healthy lunch will be provided courtesy of the Take Shape For Life Home Office; *Dr. A's Habits of Health* book signing.

1:00 p.m. – 4:00 p.m.: *"The Fundamentals" for Business Coaches*

Advanced training on how to use your Tools and training to develop a rewarding and significant business while helping others.